

IBURI Eastern Area City introduction

The eastern area of the Iburi Region, consisting of Tomakomai, Shiraoi, Atsuma, Mukawa, and ${\bf Abira, has\ lots\ of\ photogenic\ places\ to\ enjoy\ a\ glorious\ view.\ Try\ unique\ exquisite\ foods\ such\ as}$ Shiraoi Beef, surf clams, and blue honeysuckle.





You can experience nature in ikor-no-mori and Lake Utonai. Irises, the city's official flower, are at their best in early July Tomakomai is known for its surf clams. You can enjoy "surf clam curry" with lots of flavor, as well as sashimi and seafood rice howls





The "National Ainu Museum" and "National Ethnic Harmony Park", symbols of ethnic harmony, will open in April 2020. The area is also famous for the well-known brand "Shiraoi Beef", and seafood such as "Kojohama Tarako (cod roe)"!





Blue honeysuckle is a sweet-and-sour fruit that is good for beauty and health. Atsuma is the largest blue honeysuckle production area in Japan. From the late June to late July, you can enjoy picking them and making jam on a farm in Atsuma





Mukawa boasts "shishamo (smelt)", the fishing of which is allowed in October and November You can enjoy shishamo sushi and deep-fried shishamo. It is also known as the town of dinosaurs and has been conducting an excavation of dinosaur fossils





Akira is one of the largest horse breeding areas in Hokkaido. You can send a "Yukidaruma Yu-pack (Japan Post's parcel delivery service)". a snowman-shaped foam polystyrene package filled with snow, to countries outside Japan. You can enjoy "a field of canola flowers" from mid-May to mid-June.

> Public road ===== IR * The time suggested is a guide only.

IBURI Eastern Area Access information



💂 25 minutes by JR train

* The names of the respective locations represent the place where the city hall or town office is located.

⇒32 minutes by car 23 minutes by JR trai € 51 minutes by car

€22 minutes by car

Model Course

START!

START!

Why not experience the nature of Hokkaido, just 30 minutes from the airport?

■ Two days and one night

■ Traveling distance/approx.75km

■ Target area/Tomakomai City · Abira Town

ikor-no-mori Have an exquisite lunch while viewing a garden that changes with each season

②Tomakomai City 14:10-15:10 Tomakomai City 15:15-16:15

Tomakomai Science Museum (Russian Mir Museum / Planetarium) You can see the exhibition of the "Mir" space station and the planetarium free of charge and get to feel more familiar with space

III 163 450*47

Tomakomai City Museum This is a museum and gallery complex, which

m 113 194 180*56

archaeology of Tomakomai.



Enjoy a footbath at "Tomakomai Machinaka Koryukan".

This opened in 2011 as a space for tourist and locals to feel free to visit and enjoy. You can spend a relaxing time trying a footbath and hand bath!

III 162 820*37

Tomakomai City 8:30-9:30

III 113 559 601*57

Sea Station Plat Seaport Market

It sells surf clams (the largest catch in Japan), fresh seafood, vegetables and fruits!

113 164 309*35



Michi-no-Eki "Lake Utonai" / Lake Utonai Wildlife Conservation Center

This is a designated as a national wildlife protection area. It is known as a paradise for wild birds; you can enjoy spending time in nature that changes with each season and interacting with wild birds! Try "B1 Tonchan-no Butaman" (steamed pork bun)!

Michi-no-Eki "Lake Utonai" Wildlife Conservation Center m 113 413 624*26 m 113 413 719*51



Northern Horse Park

This is a horse theme park that offers interactions and experiences with horses, such as a pony show horse-riding and meeting retired race horses. It has a garden restaurant, barbecue restaurant, and

113 719 124*58



It sells popular Camembert cheeses. Try Camembert soft-serve ice cream nd korokke (croquettes), both of hich can only be found here.

738 038 184*68

Walking in the forest and

bird-watching! Walking in unspoiled nature can refresh you! Try to make an original birdcall!

Abira Tourist Association T_{EL}.+81-145-29-7733 *Available in Japanese only.

Model 2 Course

Deep Hokkaido Why not experience Iburi culture and history?

■ Two days and one night

■ Traveling distance/approx.155km

■ Target area/Atsuma Town • Mukawa Town • Shiraoi Town

Day 1





Kobushi no Yu **Atsuma** This is known for its radium sprir with the power of radon ore! MI 455 824 764*32 Go blue honeysuckle picking and make jam!

You can make jam with blue honeysuckle you picked yourself! It makes a good souvenir

Shiraoi Town 9:00 -

L.+81-145-29-7711*Available in Japanese only.



Shishamo (smelt) dish Have "Mukawa shishamo", a local specialty! You may also be able to enjoy shishamo sushi in the best season October and November



Hobetsu Earth Museum in Mukawa This is a theme park that offers a simulation experience of the natural environment and history at the time the Earth was formed. M 567 331 592*55



Hobetsu Museum in Mukawa This museum exhibits dinosaur fossils from the Cretaceous period!

In Mukawa or Tomakomai

M 567 331 563*72

3Shiraoi Town



Ainu culture embroidery

Butter knife making Shiraoi is known as a town that passes down Ainu culture to new generations. You can experience local culture such as doing embroidery in Ainu patterns

and making a butter knife with Ainu pattern carvings! ttee for Attraction of Inbound To +81-144-82-2216 *Available in Japanese only.



This is an exquisite Japanese black



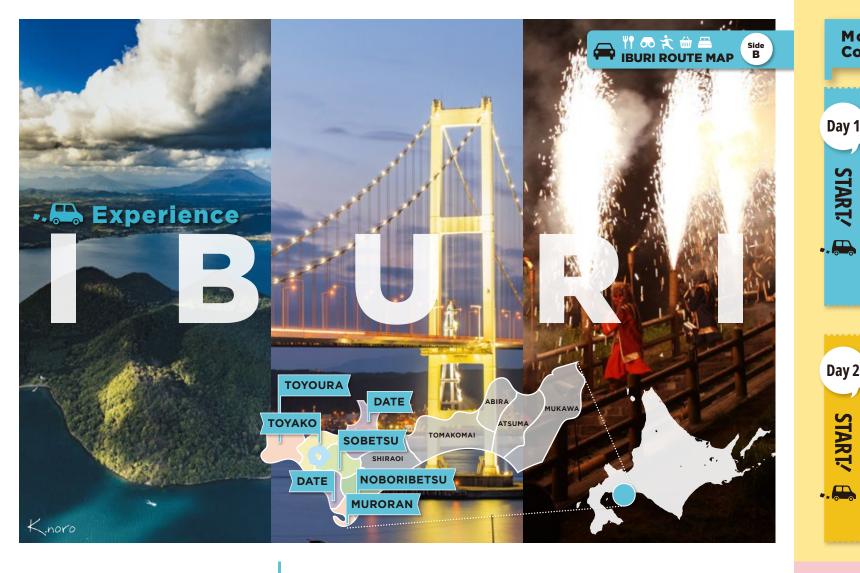
This is a museum about the Sendai Clan's Ezo guard at the end of the Edo $\,$

Period. It possesses 300 exhibits of armor, pictures, and ancient documents M 545 221 441*22

This is a code that identifies locations throughout Japan and can be used when you input a destination in a navigation system. All you have to do is enter the number; no need for the full address. "マップコード" and "MAPCODE" are registered trademarks of Denso Corporation.

beef raised in a warm climate and

Hokkaido Government Iburi General Subprefectural Bureau Sixth Tourism Promotion Office TEL +81-143-24-9592



IBURI Western Area City introduction

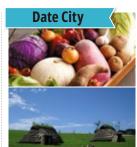


Hakucho Bridge, the oridge in eastern Japan You can enjoy a night view of factories, a new sightseeing spot, by cruise or bus tour. Try Muroran yakitori with sauce and an addictively delicious curry ramen



Noboribetsu is one of the main hot-spring areas in Hokkaido. It features various kinds of hot springs. You can spend a relaxing time in natural footbath in the forest while walking on the trail to Jigokudani and Oyunuma

Here are our picks of the attractive places to visit across the four seasons!



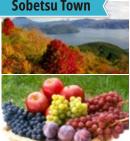
The western area of the Iburi Region, consisting of Muroran, Noboribetsu, Date, Toyoura, Sobetsu and Lake Toya,

has lots of perfect places to enjoy scenery, food, and leisure! And its hot springs are ideal spots for relaxation.

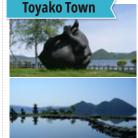
warm climate and is also known as "Northern Shonan". You can experience indigo dyeing and see swordsmithing at a facility next to Michi-no-Eki, and learn about Jyomon culture and history at "Kita-Kogane-Kaizuka" (historical site).



Toyoura is known for its scallop cultivation. Fresh seafood is gathered at its fishing port. The popular "World Scallop Fishing Championships is held here every year and can be enjoyed by everyone. "JR Koboro Station" is a secluded station, which you can only reach by train.



Sobetsu is a town with Lake Toya and volcanoes such as Mt. Usu and Mt. Showa Shinzan, in which you can enjoy a Geopark. You can feel the power of the earth from the footpath and the Mt. Showa Shinzan ropeway. Many varieties of fruit are produced here; the Sobetsu apples are particularly famous



Lake Toya, the third largest crater lake in Japan, is famous as a hot spring town. You can enjoy various activities such as canoeing, horse-riding and cycling around here. In 2008, leaders all over the world came here to attend the Hokkaido Tovako Summit.

IBURI Western Area Access information

Public road ===== IR * The time suggested is a guide only * The names of the respective locations represent the place where the city hall or town office is located



















We recommend that you travel from Noboribetsu to Toya by express bus (Iburi-go). For more information, see here. ▶ http://www.noboribetsu-spa.jp/?page_id=94&lang=en

Model Course

Why not experience western Iburi through all five senses over 2 days?

3) Muroran City 12:40-13:30 🌘

Have Muroran curry ramen for

lunch at "Aii-no-Daio" in Muroran.

■ Two days and one night

■ Traveling distance/approx.96km

■ Target area/Muroran City • Date City • Noboribetsu City

DMuroran City 11:00-11:30

Itanki Beach (singing sand)



159 288 510*55

②Muroran City 11:50-12:20 **(**

Cape Glove / Tokkarisho Lookout

view of approx, 100-meter-

nigh precipitous cliffs.

Go shopping at Michi-no-Eki "Date Rekishi-no-Mori"

It sells fresh vegetables produced in Date and local products! You will

have a chance to buy goods sold specially at Michi-no-Eki, which you

Reimeikan Indigo Studio (experience indigo dyeing) /

Reimeikan Swordsmithing Studio (see swordsmithing)



START!

START!

Day 1

START!

Day 2

m 159 165 829*64 m 159 196 868*32

Date City 9:45-10:00

can find nowhere else. 159 780 135*36

②Date City 10:00-11:30

These are situated in the premises of

watching a swordsmith at work.

Tel.+81-142-25-6161

Michi-no-Eki "Date". You can enjoy traditional

culture by experiencing indigo dyeing in the only indigo production area in Hokkaido and

Reimeikan Indigo Studio Reimeikan Swordsmithing Studio **III** 159 780 249*81 **III** 159 780 249*86

This is a local specialty in Muroran! Try the exquisite curly noodles with thick curry soup m 159 221 746*54

You can enjoy a glorious

(Stair with 100 steps) It provides a 360-degree m 159 250 312*64



m 159 308 680*61

5 Muroran City 15:00-16:30 **(**

and a "skilfish"

(deep-sea fish)

Muroran Public Aquarium

🔟 159 308 410*48 only see here!

Michi-no-Eki "Mitara Muroran"

Muroran City 17:00

Night cruise (one of the ten best night views of factories in Japan)

Muroran City (



which a night view of lluminated Hakucho Bridge can be seen!

Muroran City

Muroran yakitori

Hakucho Bridge Memorial Museum

It provides a view of Hakucho Bridge. You can watch the sun

This is charcoal-grilled pork that goes well Western mustard! Specialty of Muroran!

setting on the sea. What

•

4 Noboribetsu City 13:45- (



Have Noboribetsu enma yakisoba for lunch in Noboribetsu / hot spring town.

All restaurants offering spicy Noboribetsu nma yakisoba use flat noodles made with the finest Hokkaido wheat, sauce designated by Enma Daio, and ingredients produced in Noboribetsu or the neighboring town. Each restaurant offers its own special variation so ou can try a range of flavors as you enjoy your

Noboribetsu City 12:30-13:30 Park in Oyunuma Parking Lot. ★ Transfer on foot MC 603 318 005*74



River Oyunuma Natural Footbath This is a natural footbath flowing out from Oyunuma, one of the sources of Noboribetsu Hot Spring.

603 287 830*13 ★ Transfer on foot

Oyunuma Parking Lot

■ Two days and one night

■ Traveling distance/approx.110km

overnigh

Noboribetsu Jigokudani

This is the crater of an explosive volcano shrouded with steams and the smell of sulfur. You can witness a dynamic scene in points or blowholes!

m 603 288 425*46

Model 7 Course

Why not experience the fruits of volcanoes and nature?

DSobetsu Town 10:30-10:45 Sobetsu Koen Observatory



It provides a glorious view of Mt Yotei Mt Showa Shinzan and Mt. Usu centered around Lake Toya

321 527 150*48

Sobetsu Town 10:50-11:00

DToyako Town 10:00-12:00 -

Go cycling along the shore of

Lake Toya with a rental bicycle.



This is the only naturally outflowing falls in situated on the spot where River **321 526 142*25**



Lake Tova, which is Sobetsu flows out

③Sobetsu Town 11:00-12:30 (

Mt. Usu Ropeway Enjoy a far view of Funka Bay, Mt. Yotei, Lake Toya and Nakajima Island, and a high panoramic view of Mt Showa Shinzan during a six

nutes' one-way trip! 321 433 350*55 Tel.+81-0142-75-2401

④Sobetsu Town 13:00-13:30 €

Showa Shinzan Kuma Bokujo

Approx. 100 brown

Feed and meet a

lovely hear from up

321 820 280*18



Feel the

breeze of Lake Toya while cycling!

Sobetsu Town 13:45-14:45 Go fruit-picking at Sobetsu Kudamono-Mura



Toyako Town

15:30-16:50

a

Toyako Town 12:20 - 13:20

Tovako Town 13:30 - 14:00

This is a tourist farm consisting 🐝 of 18 orchards in Sobetsu. Enjoy picking fruit such as fresh cherries, grapes, apples and pears, over the four seasons. 321 529 040*16 Tel.+81-142-66-2750

At Tovako Hot Spring / 17:00-Sobetsu Hot Spring accommodation

■ Target area/Sobetsu Town • Toyako Town • Toyoura Town

Appreciate Toyako Long Run Fireworks Festival.

This is a "long-run" fireworks festival lasting approx. half a year, which

321 518 337*56 decorates the night sky above Lake Toya

ke a pleasure cruise bound for Nakajima Island that floats in the center of Lake Toya, and enjoy the magnificent nature.

Go and enjoy the vestiges of volcanoes (a.k.a. Zero Point) A suddenly-appearing shallow on which you can stand at the top of a volcano?

Toyako Pleasure Cruise (*Disembark on Nakajima Island)

end that you take a tour of "Zero Point", a cruise in the early morning! ake Tova Central Motor Boat Tel.+81-142-75-2603





4)Toyoura Town

Stay for a while at the Koboro Station. s is known as "the most secluded station in Japan" and can only be reached by train.

■JRで移動

Catch a train at Toyoura Station.

員JRで移動 -15:44 Get off a train at Toyoura Station 16:02

⑤Toyoura Town 16:15 - 16:30 (





and real auctions from up close!

Town. You can see specialty scallops, fresh seafood oura Kanko Network Tel.+81-142-83-2222

321 518 438*18 Museum, visited by leaders from all over the world!

Take a stroll in Toyoura Fishing Port.

*Available in Japanese only.

Lake Toya Gurutto Chokoku Koen (Sculpture Park), Toyako Visitor

Memorial Museum Take a tour of the Sculpture Park on the shore

Center (Volcano Science Museum), Hokkaido Toyako Summit

Volcano Science Museum where you can experience the histor

of the eruntion of Mt. Usu and the conditions at that time. And

don't forget the Hokkaido Toyako Summit Memorial

of Lake Toya, in which 58 sculptures are exhibited, and the

The scallop cultivation in Funka Bay began in Toyoura

yogurt drink" sold at the shop is very **321 726 730*43**

It provides a glorious view of shining

Usu, and Mt. Showa Shinzan. The "rich

blue Lake Tova, Nakajima Island, Mt.

Shikotsu-Toya National Park Silo Observatory

Have lunch at

Try Sanuki noodles

while enjoying a

Toya Mizu-no-Eki.

•